

# APACHE PIZZA

## Ingredient and Allergen Booklet

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**Contents**

**Introduction ..... 3**

**Signature Pizzas ..... 4**

**Create Your Own Pizza ..... 8**

**Toppings..... 8**

**Drizzles, Dips and Shakes ..... 11**

**More Than Just Pizza! ..... 13**

**More for Your Burger!..... 16**

**Sides ..... 17**

**Twisty Bites ..... 19**

**Chicken+ ..... 20**

**For Your Sweet Tooth..... 23**

**Disclaimer..... 26**

## **Introduction**

*Apache Pizza is passionate about the food they produce and the health and wellbeing of their customers. In conjunction with the nutrition and dietetic team at **healthpro**, they have produced this Ingredient and Allergen Booklet to assist you, their valued customer, with specific food allergies or food intolerances. Within the booklet, you will find the full ingredient breakdown for each current menu item and, in accordance with Regulation (EU) 1169/2011, the presence of specific food allergens denoted in bold font.*

*Further to these listings, please also find comprehensive nutritional, allergen and lifestyle information via [www.apache.ie/nutrition](http://www.apache.ie/nutrition).*

*Enjoy your Apache Pizza meal!*

*Yours in health,*



**Harriette Lynch**

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[www.healthpro.ie](http://www.healthpro.ie)

## **Signature Pizzas**

### **Apache Pizza Base**

Wheat Flour, Water, Salt, Sunflower Oil, Yeast, Sugar.

### **Stuffed Crust Pizza Base**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Cheese Ropes (cheese, **milk** protein, butter, emulsifying salts [E452, E450, E341, E339], stabiliser: sodium alginate, salt, potassium sorbate).

### **Apache Tomato Sauce**

Tomatoes, Sunflower Oil, Salt, Sugar, Herbs and Spices (oregano, pepper, basil, garlic), Acidity Regulator [E330].

### **Apache Barbeque Sauce**

Water, Sugar, Tomato Puree (14%), Spirit Vinegar, Modified Starch, **Barley** Malt Vinegar, Salt, **Soy** Sauce (water, **soybeans**, salt, spirit vinegar), Caramelised Sugar, Ginger Puree, Smoke Flavour, Spices.

### **Fajita Sauce**

Tomatoes, Water, Tomato Paste, Onions, Green Peppers, Red Peppers, Rapeseed Oil, Garlic Purée, Sugar, Modified Starch, Spices, Lemon Juice (from concentrate), Chipotle Chilli, Salt, Acid: Citric Acid; Smoke Flavour.

### **Garlic Butter**

Water, Vegetable Oil, Garlic Puree, Garlic Powder, Parsley, Salt, Emulsifier (mono-diglycerides), Preservative (potassium sorbate), Colour (beta carotene).

### **Tomato and Cheese Pizza**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

### **Buffalo**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Chicken (chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Ham (pork [70%], water, salt, dextrose, stabilisers [E450, E451, E452], smoke flavouring, preservative [E250], antioxidant [E301]), Bacon (pork [93%], water, salt, smoke flavour, stabilisers [E450, E451], antioxidant [E301], preservative [E250]), Pepperoni (pork meat, pork fat, salt, dextrose [**wheat**], chili, rosemary extract, garlic, colour [E160c], paprika, pepper extract, ginger extract, antioxidant [E301], preservative [E250], smoke), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

### **Big Buffalo**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Chicken (chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Bacon (pork [93%], water, salt, smoke flavour, stabilisers [E450, E451], antioxidant [E301], preservative [E250]), Ham (pork [70%], water, salt, dextrose, stabilisers [E450, E451, E452], smoke flavouring, preservative [E250], antioxidant [E301]), Pepperoni (pork meat, pork fat, salt, dextrose [**wheat**], chilli, rosemary extract, garlic, colour E160c, paprika, pepper extract, ginger extract, antioxidant [E301], preservative [E250], smoke), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]), Beef Balls (beef [55%], beef fat, **wheat** gluten, rusk [**wheat**flour, salt], salt, pea protein, onion powder, garlic powder, black pepper, **barley** malt extract, parsley), Pork Sausage (pork, pork fat, water, rusk [**wheat** flour, salt], seasoning [salt, rusk, preservative: sodium **sulphite**, spice extracts], flavour enhancer: monosodium glutamate, stabiliser: E450, antioxidant: E300 & E330, beef collagen casing, rapeseed oil).

### **Apache Special**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Ham (pork [70%], water, salt, dextrose, stabilisers [E450, E451, E452], smoke flavouring, preservative [E250], antioxidant [E301]), Mushrooms, Pineapple (pineapple [60%], water, sugar, acidity regulator [citric acid]), Mixed Peppers, Sweetcorn (sweetcorn [85%], water, sugar, salt), Pepperoni (pork meat, pork fat, salt, dextrose [contains **wheat**], chili, rosemary extract, garlic, colour [E160c], paprika, pepper extract, ginger extract, antioxidant [E301], preservative [E250], smoke), Onions, Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

### **The Big Chief**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Pepperoni (pork meat, pork fat, salt, dextrose [**wheat**], chili, rosemary extract, garlic, colour [E160c], paprika, pepper extract, ginger extract, antioxidant [E301], preservative [E250], smoke), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]), Beef Balls (beef [55%], beef fat, **wheat** gluten, rusk [**wheat**flour, salt], salt, pea protein, onion powder, garlic powder, black pepper, **barley** malt extract, parsley), Pork Sausage (pork, pork fat, water, rusk [**wheat** flour, salt], seasoning [salt, rusk, preservative: sodium **sulphite**, spice extracts], flavour enhancer: monosodium glutamate, stabiliser: E450, antioxidant: E300 & E330, beef collagen casing, rapeseed oil).

### **Hiawatha**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Pineapple (pineapple [60.0%], water, sugar, acidity regulator [citric acid]), Ham (pork [70%], water, salt, dextrose, stabilisers [E450, E451, E452], smoke flavouring, preservative [E250], antioxidant [E301]), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

### Wigwammer

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Pepperoni (pork meat, pork fat, salt, dextrose [**wheat**], chilli, rosemary extract, garlic, colour [E160c], paprika, pepper extract, ginger extract, antioxidant [E301], preservative [E250], smoke), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

### Cajun Apache

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Chicken (chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Cherry Tomatoes, Jalapenos (jalapeno peppers, water, salt, acetic acid), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]), Cajun Seasoning (salt, paprika, onion powder, cayenne pepper [8%], cumin, garlic powder, black pepper, thyme, dried chillies [2.5%], oregano, white pepper, citric acid (acidifier [E330], silicon dioxide [anti-caking agent E551]).

### Chicken Apache

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Chicken (chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Mushrooms, Sweetcorn (sweetcorn [85%], water, sugar, salt), Pineapple (pineapple [60%], water, sugar, acidity regulator [citric acid]), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

### Hot Apache

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Jalapenos (jalapeno peppers, water, salt, acetic acid), Pepperoni (pork meat, pork fat, salt, dextrose [**wheat**], chili, rosemary extract, garlic, colour [E160c], paprika, pepper extract, ginger extract, antioxidant [E301], preservative [E250], smoke), Onions, Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]), Chili Shake (crushed dried red chillies).

### Vegetarian

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Mushrooms, Sweetcorn (sweetcorn [85%], water, sugar, salt), Mixed Peppers, Cherry Tomatoes, Onions, Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

### Bacon Apache

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Bacon (pork [93%], water, salt, smoke flavour, stabilisers [E450, E451], antioxidant [E301], preservative [E250]), Mushrooms, Onions, Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

### Sweet Tennessee

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), BBQ Sauce (water, sugar, tomato puree [14%], spirit vinegar, modified starch, **barley** malt vinegar, salt, **soy** sauce [water, **soybeans**, salt, spirit vinegar], caramelised sugar, ginger puree, smoke flavour, spices), Beef Balls (beef [55%], beef fat, **wheat** gluten, rusk [**wheat**flour, salt], salt, pea protein, onion powder, garlic powder, black pepper, **barley** malt extract, parsley), Bacon (pork [93%], water, salt, smoke flavour, stabilisers [E450, E451], antioxidant [E301], preservative [E250]), Pork Sausage (pork, pork fat, water, rusk [**wheat** flour, salt], seasoning [salt, rusk, preservative: sodium **sulphite**, spice extracts], flavour enhancer: monosodium glutamate, stabiliser: E450, antioxidant: E300 & E330, beef collagen casing, rapeseed oil), Red Onion.

### Fajita Fiesta

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Fajita Sauce (tomatoes, water, tomato paste, onions, green peppers, red peppers, rapeseed oil, garlic purée, sugar, modified starch, spices, lemon juice [from concentrate], chipotle chilli, salt, acid: citric acid; smoke flavour), Cajun Chicken (chicken [chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), cajun seasoning [salt, paprika, onion powder, cayenne powder, cumin, garlic powder, black pepper, thyme, dried chillies, oregano, white pepper, citric acid [E330], silicon dioxide [E551]), Bell Peppers, Red Onion, Chipotle Drizzle (rapeseed oil, water, pasteurised **egg**, sugar, tomatoes, lemon juice [from concentrate], spirit vinegar, chipotle chilli [water, red jalapeno pepper, chipotle chilli, acidity regulator: acetic acid] [3.5%], yeast extract, modified starch, salt, spices, hydrolysed vegetable protein, stabilisers: guar gum, xanthan gum; colour: paprika extract; preservative: potassium sorbate; acid: citric acid; antioxidant: calcium disodium EDTA; smoke flavouring).

### Apache Dynamite

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Cajun Chicken (chicken [chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), cajun seasoning [salt, paprika, onion powder, cayenne powder, cumin, garlic powder, black pepper, thyme, dried chillies, oregano, white pepper, citric acid [E330], silicon dioxide [E551]), Dynamite Drizzle (rapeseed oil, water, sugar, pasteurised **egg**, red chilli paste, spirit vinegar, garlic puree, honey, salt, hydrolysed maize protein, modified starch, cider vinegar, spices, **barley** malt vinegar, stabiliser: xanthan gum; flavourings [contains **mustard**], preservative: potassium sorbate; colour: paprika extract; antioxidant: calcium disodium EDTA), Pepperoni (pork meat, pork fat, salt, dextrose [**wheat**], chili, rosemary extract, garlic, colour [E160c], paprika, pepper extract, ginger extract, antioxidant [E301], preservative [E250], smoke), Jalapenos (jalapeno peppers, water, salt, acetic acid), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).



## Create Your Own Pizza

### ***Toppings***

#### **Pepperoni**

Pork Meat, Pork Fat, Salt, Dextrose (**wheat**), Chilli, Rosemary Extract, Garlic, Colour (E160c), Paprika, Pepper Extract, Ginger Extract, Antioxidant (E301), Preservative (E250, smoke).

#### **Ham**

Pork (70%), Water, Salt, Dextrose, Stabilisers (E450, E451, E452), Smoke Flavouring, Preservative (E250), Antioxidant (E301).

#### **Bacon**

Pork (93%), Water, Salt, Smoke Flavour, Stabilisers (E450, E451), Antioxidant (E301), Preservative (E250).

#### **Chicken**

Chicken Breast [80%], Water [18%], Salt, **Milk** Protein, Lactose (**milk**), **Soya** Protein, Stabilisers Sodium Polyphosphate [E452] and Sodium Citrate [E331], Thickener Carrageenan [E407], Gelling Agent Potassium Chloride [E508].

#### **Cajun Chicken**

Chicken (chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), Cajun Seasoning (salt, paprika, onion powder, cayenne powder, cumin, garlic powder, black pepper, thyme, dried chillies, oregano, white pepper, citric acid [E330], silicon dioxide [E551]).

#### **Piri Piri Chicken**

Chicken (chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), Piri Piri (maltodextrin, dried onion, garlic, black pepper, salt, chilli powder [chilli pepper, cumin, salt, oregano, garlic], lemon peel powder, dried chillies, bay leaves, paprika, cayenne pepper, ground coriander, oregano, basil, sunflower oil, dried lemon juice concentrate [maize, maltodextrin, lemon juice concentrate, paprika extract, silicon dioxide]).

#### **Popcorn Chicken**

Chicken Breast (66%), **Wheat** Flour, Palm Oil, Yellow Corn Flour, Rice Flour, Starch (**wheat**), Modified Tapioca Starch, Spices (white pepper, black pepper, **celery**), Salt, **Wheat** Gluten, Raising Agent (E450i, E500ii), Tapioca Starch, Garlic, Yeast Extract, Spice Extracts (black pepper, paprika), Onion, Dextrose, Herbs (oregano, fennel), Yeast.



**Beef Balls**

Beef Balls (beef [55%], beef fat, **wheat** gluten, rusk [**wheat**flour, salt], salt, pea protein, onion powder, garlic powder, black pepper, **barley** malt extract, parsley).

**Sausage**

Pork Sausage (pork, pork fat, water, rusk [**wheat** flour, salt], seasoning [salt, rusk, preservative: sodium **sulphite**, spice extracts], flavour enhancer: monosodium glutamate, stabiliser: E450, antioxidant: E300 & E330, beef collagen casing, rapeseed oil).

**Extra 100% Mozzarella**

Pasteurised **Milk**, Salt, Lactic Cultures.

**Cheddar Cheese**

Coloured Mild Cheddar 98% (**milk**), Potato Starch 2%.

**Parmesan Cheese\***

**Milk**, Salt, Rennet (calf), Preservative (lysozyme [**egg**]).

**Jalapeno Peppers**

Jalapenos, Water, Salt, Acetic Acid, Calcium Chloride.

**Fresh Chillies**

Chillies.

**Tuna**

Tuna (**fish**), Water, Salt, Xanthan Gum.

**Anchovies**

Anchovy (**fish**), Olive Oil.

**Sweetcorn**

Sweetcorn (85%), Water, Sugar, Salt.

**Pineapple**

Pineapple, Water, Sugar, Acidity Regulator (citric acid).

**Mushroom**

Mushroom.

**Peppers**

Mixed Peppers (red peppers, yellow peppers, green peppers)

**Cherry Tomatoes**

Cherry Tomatoes

**Olives**

Olives, Water, Salt, Colour Stabilizer (E579).

**Onion**

Onion.

**Halal Sliced Pepperoni (Beef)\***

Beef (94%), Beef Fat, **Soya** Protein, Salt, **Mustard** Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (E160c), Antioxidant (E301), Preservative (E250).

**Halal Bacon\***

Mechanically Separated Turkey Meat 70%, Turkey Meat 22%, Salt, Dextrose, Glucose Syrup, Vegetable Protein (**soy**, maize), **Milk** Protein, Herbs, Spices (**celery**), Flavouring, Smoke Flavouring, Onion Powder, Stabiliser E407, E450, E451, Antioxidants E300, E301, Rosemary Extract, Preservative E250, Smoke.

**Halal Turkey Ham\***

Mechanically Separated Turkey Meat 50%, Water, Starch (potato), Vegetable Protein (**soy**), Salt, Stabilisers E407, E451, Flour (**wheat**), Dextrose, Spices, Antioxidant E301, Flavouring, Herbs, Preservative E250, Modified Starch (maize), Smoke Flavouring.

## ***Drizzles, Dips and Shakes***

### **Sriracha**

Sriracha Sauce (chillies [26%], water, sugar, spirit vinegar, garlic [10%], tomato puree, salt, flavour enhancer: monosodium glutamate, spice, modified maize starch, stabiliser: xanthan gum, acidity regulator: citric acid, spice extract).

### **Garlic and Herb Sauce Dip**

Garlic and Herb Sauce (rapeseed oil, pasteurised **egg**, water, spirit vinegar, sugar, salt, garlic [1.4%], parsley, **mustard** flavouring, stabiliser: xanthan gum, lemon oil, antioxidant: calcium disodium EDTA; natural colour: carotene; spice extract).

### **BBQ Sauce Dip**

BBQ Sauce (water, sugar, tomato paste, spirit vinegar, modified maize starch, malt vinegar [**barley**], salt, **soy** sauce [water, **soybeans**, salt, spirit vinegar], caramel [glucose syrup, sugar, water], ginger, spices, smoke flavour).

### **Korean Sticky BBQ Sauce**

Korean Barbeque Sauce (sugar, **soy** sauce [water, **soybeans**, salt, spirit vinegar], water, spirit vinegar, modified maize starch, garlic, **barley** malt vinegar, gochujang paste [water, sugar, red miso paste [**soybeans**, rice, salt, yeast), spices, spirit vinegar, salt, onion ground, garlic ground], **sesame** oil, cane molasses, ginger, black pepper, colour: paprika extract).

*Whilst a cereal containing gluten (**barley**) is an ingredient within this product, the concentration of the allergen is less than 20 ppm. The product is therefore considered gluten-free.*

### **Garlic Mayo**

Garlic and Herb Mayo (rapeseed oil, pasteurised **egg**, water, spirit vinegar, sugar, salt, garlic [1.4%], parsley, **mustard** flavouring, stabiliser: xanthan gum, lemon oil, antioxidant: calcium disodium EDTA; natural colour: carotene; spice extract).

### **Chipotle Drizzle**

Rapeseed Oil, Water, Pasteurised **Egg**, Sugar, Tomatoes, Lemon Juice (from concentrate), Spirit Vinegar, Chipotle Chilli (water, red jalapeno pepper, chipotle chilli, acidity regulator: acetic acid) (3.5%), Yeast Extract, Modified Starch, Salt, Spices, Hydrolysed Vegetable Protein, Stabilisers: Guar Gum, Xanthan Gum; Colour: Paprika Extract; Preservative: Potassium Sorbate; Acid: Citric Acid; Antioxidant: Calcium Disodium EDTA; Smoke Flavouring.

### **Dynamite Drizzle**

Rapeseed Oil, Water, Sugar, Pasteurised **Egg**, Red Chilli Paste, Spirit Vinegar, Garlic Puree, Honey, Salt, Hydrolysed Maize Protein, Modified Starch, Cider Vinegar, Spices, **Barley** Malt Vinegar, Stabiliser: Xanthan Gum; Flavourings (contains **mustard**), Preservative: Potassium Sorbate; Colour: Paprika Extract; Antioxidant: Calcium Disodium EDTA.

*Whilst a cereal containing gluten (**barley**) is an ingredient within this product, the concentration of the allergen is less than 20 ppm. The product is therefore considered gluten-free.*

**Mixed Herbs**

Thyme, Parsley, Marjoram.

**Cajun Shake**

Salt, Paprika, Dried Onion, Cayenne Pepper, Cumin (8%), Garlic Powder, Black Pepper, Thyme (4%), Dried Chillies (2.5%), Oregano, White Pepper, Acid (citric acid), Anti-Caking Agent (silicon dioxide).

**Garlic Shake**

Garlic.

**Chilli Shake**

Chillies.

## ***More Than Just Pizza!***

### **Bacon and Cheese Fries**

Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , Cheddar Cheese (coloured mild cheddar 98% [**milk**], potato starch 2%), Bacon (pork [93%], water, salt, smoke flavour, stabilisers [E450, E451], antioxidant [E301], preservative [E250]), Oil (blended vegetable oil [**soya**]).

### **Spicy Buffalo Fries**

Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , Cajun Chicken (chicken [chicken breast [80%], water [18%], salt, **milk** protein, lactose, **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), cajun seasoning [salt, paprika, onion powder, cayenne powder, cumin, garlic powder, black pepper, thyme, dried chillies, oregano, white pepper, citric acid [E330], silicon dioxide [E551]), Garlic Mayonnaise (rapeseed oil, pasteurised **egg**, water, spirit vinegar, sugar, salt, garlic, parsley, **mustard** flavouring, stabiliser [xanthan gum], lemon oil, antioxidant [calcium disodium EDTA], natural colour [carotene], spice extract), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Jalapeno (jalapenos, water, sat, acetic acid, calcium chloride), Oil (blended vegetable oil [**soya**]).

### **Taco Fries\***

Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , Taco Beef Mix (Irish minced beef [30%], water, white onion, frozen peppers, tomato puree, **wheat** flour [**wheat** flour, calcium carbonate, iron, niacin [B3], thiamin [B1]], barbeque sauce [water, tomato puree [21%], sugar, acidity: acetic acid, modified maize starch, salt, worcestershire sauce [malt vinegar [**barley**], black treacle, water, tamarind, salt, onion powder, garlic powder, white pepper, pimento, ginger, **mustard** flour, paprika, clove], spices [**mustard**], smoke flavouring, stabilisers: guar gum, xanthan gum, preservative: potassium sorbate], sugar, salt, cumin, chilli powder), Taco Mayonnaise (rapeseed oil, water, pasteurised **egg**, sugar, spirit vinegar, salt, modified starch, dried chilli, stabiliser: guar gum; spices, colour: paprika extract; preservative: potassium sorbate; antioxidant: calcium disodium EDTA; flavouring [**mustard**]), Cheddar Cheese (coloured mild cheddar 98% [**milk**], potato starch 2%), Oil (blended vegetable oil [**soya**]).

### **Dynamite Fries\***

Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , Cajun Chicken (chicken [chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), cajun seasoning [salt, paprika, onion powder, cayenne powder, cumin, garlic powder, black pepper, thyme, dried chillies, oregano, white pepper, citric acid [E330], silicon dioxide [E551]), Jalapenos (jalapeno peppers, water, salt, acetic acid), Dynamite Drizzle (rapeseed oil, water, sugar, pasteurised **egg**, red chilli paste, spirit vinegar, garlic puree, honey, salt, hydrolysed maize protein, modified starch, cider vinegar, spices, **barley** malt vinegar, stabiliser: xanthan gum; flavourings [contains **mustard**], preservative: potassium sorbate; colour: paprika extract; antioxidant: calcium disodium EDTA), Cheddar Cheese (coloured mild cheddar 98% [**milk**], potato starch 2%), Oil (blended vegetable oil [**soya**]).

### **Chips**

Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , Oil (blended vegetable oil [**soya**]).

### **Cheesy Garlic Chips**

Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , Garlic Mayonnaise (rapeseed oil, pasteurised **egg**, water, spirit vinegar, sugar, salt, garlic, parsley, **mustard** flavouring, stabiliser [xanthan gum], lemon oil, antioxidant [calcium disodium EDTA], natural colour [carotene], spice extract), Cheddar Cheese (coloured mild cheddar 98% [**milk**], potato starch 2%), Oil (blended vegetable oil [**soya**]).

### **Curry Chips\***

Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , Curry Sauce ([water, curry sauce [sugar, curry powder [16%] [coriander, cumin, turmeric, paprika, cassia, garlic, onion, **mustard** seed], palm oil, rice flour, tomato powder, glucose, flavourings, salt, flavour enhancers: monosodium glutamate, disodium inosinate, disodium guanylate; modified potato starch, stabilisers: xanthan gum, guar gum; spices, **milk** protein, acid: citric acid; **celery**] or [rapeseed oil [59%], pasteurised liquid **egg** [9%], water, acidity regulator: acetic acid, sugar, korma spices [4%] [**wheat**], tomato puree, salt, **soy** sauce [water, **soybeans**, salt, **wheat** flour], worcester sauce [malt vinegar, water, spirit vinegar, tamarind extract, sugar, molasses, caramel E150a, onion powder, garlic powder, white pepper, cloves, paprika], modified maize starch, spice [**mustard**], flavouring [**mustard**], stabilisers: guar gum, xanthan gum, preservative: potassium sorbate), Oil (blended vegetable oil [**soya**]).

### **Rooster Wrap**

Chicken Goujons (chicken [66%] [water, sugar, salt], coating [29%] [**wheat** flour, water, palm oil, spices [white pepper, garlic, paprika, chilli], baking powder [raising agent [E500ii, E450i, E341i], tapioca starch], modified tapioca starch [E1420], flavour enhancer [E621, E635], salt, sugar, fully hydrogenated vegetable shortening [palm], skimmed **milk** powder, **wheat**, starch, glucose, **wheat** gluten, colouring [E160c]), Wrap (**wheat** flour [wheat flour, calcium carbonate, iron, niacin, thiamin], water, vegetable oil [palm, rapeseed], humectant [glycerine], raising agents [disodium diphosphate, sodium bicarbonate], emulsifier [mono and diglycerides of fatty acids], acidity regulator [malic acid], salt, stabilisers [guar gum, carboxymethylcellulose], preservatives [calcium propionate, potassium sorbate], flour treatment agent [L-cysteine]), Lettuce, Garlic Mayonnaise (rapeseed oil, pasteurised **egg**, water, spirit vinegar, sugar, salt, garlic [1.4%], parsley, **mustard** flavoring, stabiliser: xanthan gum, lemon oil, antioxidant: calcium disodium EDTA, natural colour: carotene, spice extract), Oil (blended vegetable oil [**soya**]).

### **Fajita Fiesta Wrap**

Chicken Goujons (chicken [66%] [water, sugar, salt], coating [29%] [**wheat** flour, water, palm oil, spices [white pepper, garlic, paprika, chilli], baking powder [raising agent [E500ii, E450i, E341i], tapioca starch], modified tapioca starch [E1420], flavour enhancer [E621, E635], salt, sugar, fully hydrogenated vegetable shortening [palm], skimmed **milk** powder, **wheat**, starch, glucose, **wheat** gluten, colouring [E160c]), Wrap (**wheat** flour [**wheat** flour, calcium carbonate, iron, niacin, thiamin], water, vegetable oil [palm, rapeseed], humectant [glycerine], raising agents [disodium diphosphate, sodium bicarbonate], emulsifier [mono and diglycerides of fatty acids], acidity regulator [malic acid], salt, stabilisers [guar gum, carboxymethylcellulose], preservatives [calcium propionate, potassium sorbate], flour treatment agent [L-cysteine]), Lettuce, Fajita Sauce (tomatoes, water, tomato paste, onions, green peppers, red peppers, rapeseed oil, garlic purée, sugar, modified starch, spices, lemon juice [from concentrate], chipotle chilli, salt, acid: citric acid; smoke flavour), Chipotle Mayonnaise (rapeseed oil, water, pasteurised **egg**, sugar, tomatoes, lemon juice [from concentrate], spirit vinegar, chipotle chilli [water, red jalapeno pepper, chipotle chilli, acidity regulator: acetic acid] [3.5%], yeast extract, modified starch, salt, spices, hydrolysed vegetable protein, stabilisers: guar gum, xanthan gum; colour: paprika extract; preservative: potassium sorbate; acid: citric acid; antioxidant: calcium disodium EDTA; smoke flavouring), Oil (blended vegetable oil [**soya**]).

### **Chicken Baguette**

Demi Baguette (fortified **wheat** flour [**wheat** flour, calcium carbonate, iron, niacin [B3], thiamin [B1]] water, yeast, salt, stabiliser [guar gum], malted **wheat** flour, flour treatment agent [ascorbic acid], sunflower oil), Chicken Goujons (chicken goujons [chicken [66%] [water, sugar, salt], coating [29%] [**wheat** flour, water, palm oil, spices [white pepper, garlic, paprika, chilli], baking powder [raising agent [E500ii, E450i, E341i], tapioca starch], modified tapioca starch [E1420], flavour enhancer [E621, E635], salt, sugar, fully hydrogenated vegetable shortening [palm], skimmed **milk** powder, **wheat**, starch, glucose, **wheat** gluten, colouring [E160c]), oil [blended vegetable oil [**soya**]]), Garlic Mayonnaise (rapeseed oil, pasteurised **egg**, water, spirit vinegar, sugar, salt, garlic [1.4%], parsley, **mustard** flavouring, stabiliser: xanthan gum; lemon oil, antioxidant: calcium disodium EDTA; natural colour: carotene; spice extract), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Lettuce.

### **Apache Beef Burger\***

Chargrilled Beef Burger (beef [96%], water, rusk [**wheat** flour, salt], onion, **soya** protein, salt, dextrose, onion powder, black pepper), White Rolls (**wheat** flour [niacin, thiamin, iron, calcium carbonate], water, sugar, yeast, vegetable fat, salt, [E471, E472e, E282], calcium propionate, flour treatment agent [E300], [E920], **sesame seed**), Lettuce, Garlic Mayonnaise (rapeseed oil, pasteurised **egg**, water, spirit vinegar, sugar, salt, garlic [1.4%], parsley, **mustard** flavouring, stabiliser: xanthan gum; lemon oil, antioxidant: calcium disodium EDTA; natural colour: carotene; spice extract), Tomato Ketchup (water, tomato puree, sugar, modified maize starch, acidity regulator: acetic acid, salt, spices [**mustard**], stabilisers: guar gum, xanthan gum, preservative: potassium sorbate), Red Onion.



**Chicken Fillet Burger** (Cooking Method: Fried)

Chicken Burger (chicken [52%], fortified **wheat** flour [iron, folic acid], vegetable oils [cottonseed, sunflower, rice], water, isolated **soya** protein, starch [potato, maize, tapioca], rusk flour [**wheat** flour, salt, yeast], salt, rice flour, spices [pepper, sage, garlic powder, onion powder], maize flour, stabiliser [E451i], **wheat** gluten, yeast, dextrose, raising agents [E450i, E500ii], **egg** albumin yeast extract, natural flavouring), White Rolls (**wheat** flour [niacin, thiamin, iron, calcium carbonate], water, sugar, yeast, vegetable fat, salt, [E471, E472e, E282], calcium propionate, flour treatment agent [E300, E920], **sesame seed**), Lettuce, Garlic Mayonnaise (rapeseed oil, pasteurised **egg**, water, spirit vinegar, sugar, salt, garlic [1.4%], parsley, **mustard** flavouring, stabiliser: xanthan gum; lemon oil, antioxidant: calcium disodium EDTA; natural colour: carotene; spice extract), Tomato Ketchup (water, tomato puree, sugar, modified maize starch, acidity regulator: acetic acid, salt, spices [**mustard**], stabilisers: guar gum, xanthan gum, preservative: potassium sorbate), Red Onion, Oil (blended vegetable oil [**soya**]).

***More for Your Burger!*****Cheese Slice**

Cheese Slice (cheese [70%] [**milk**], vegetable oil, emulsifying salt [E331], starch, natural cheese flavouring, preservative [E200], natural colours [beta carotene, paprika extract]).

**Bacon**

Pork (93%), Water, Salt, Smoke Flavour, Stabilisers (E450, E451), Antioxidant (E301), Preservative (E250).

## Sides

### Garlic Bread

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Garlic Butter (water, vegetable oil, garlic puree, garlic powder, parsley, salt, emulsifier [mono-diglycerides], preservative [potassium sorbate], colour [beta carotene]).

### Garlic Bread with Cheese

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Garlic Butter (water, vegetable oil, garlic puree, garlic powder, parsley, salt, emulsifier [mono-diglycerides], preservative [potassium sorbate], colour [beta carotene]).

### Onion Rings (Cooking Method: Fried)

Onion Rings (onion, **wheat** flour, water, sunflower oil, starch [corn, tapioca], **wheat** starch, salt, dextrose, yeast, thickeners [E407, E412], raising agents [E450, E500]), Oil (blended vegetable oil [**soya**]).

### Jalapeno Poppers (Cooking Method: Fried)

Cream Cheese Peppers (**wheat** flour, cream cheese [**milk**] 22% [65% FDM, rennet from microbiological origin], jalapeño pepper 20%, cream [**milk**], sunflower oil, water, whole **egg** powder, maize flour, salt, modified starch, spices, starch, **milk** protein, yeast, dextrose, acidifier [E330]), Oil (blended vegetable oil [**soya**]).

### Potato Wedges\* (Cooking Method: Baked)

Wedges (potatoes [86%], coating [8%] [**wheat** flour, salt, modified starch, starch, spices [black pepper, chilli pepper, cayenne pepper], garlic powder, onion powder, raising agents [E450, E500], yeast extract, spice extracts [black pepper], dextrose, sunflower oil).

### Potato Wedges\* (Cooking Method: Fried)

Wedges (potatoes [86%], coating [8%] [**wheat** flour, salt, modified starch, starch, spices [black pepper, chilli pepper, cayenne pepper], garlic powder, onion powder, raising agents [E450, E500], yeast extract, spice extracts [black pepper], dextrose, sunflower oil), Oil (blended vegetable oil [**soya**]).

### Swiss Cheese Wedges\* (Cooking Method: Baked)

Processed Cheese (**milk**, rennet from microbiological origin, water, butter [**milk**], **milk** protein, starch, emulsifying salts [E452, E331], salt, thickeners [E407], flour [**wheat**, maize], water, rapeseed oil, modified starch, salt, parsley, **milk** protein, yeast, chicken **egg** powder, onion powder, garlic powder, raising agents [E450, E500], sunflower oil).

**Swiss Cheese Wedges\*** (Cooking Method: Fried)

Processed Cheese (**milk**, rennet from microbiological origin, water, butter (**milk**), **milk** protein, starch, emulsifying salts [E452, E331], salt, thickeners [E407], flour [**wheat**, maize], water, rapeseed oil, modified starch, salt, parsley, **milk** protein, yeast, chicken **egg** powder, onion powder, garlic powder, raising agents [E450, E500], sunflower oil), Oil (blended vegetable oil [**soya**]).

**Garlic Mushrooms** (Cooking Method: Fried)\*

Garlic Mushrooms (mushroom [51%], **wheat** flour [**wheat** flour, calcium carbonate, iron, niacin, thiamin], water, vegetable oil [sunflower, rapeseed, olive], potato starch, **egg** albumen, potato dextrin, salt, yeast, garlic powder, flavouring [with **milk**], onion extract, raising agents [E450, E500], sugar, black pepper extract), Oil (blended vegetable oil [**soya**]).

## *Twisty Bites*

### **BBQ Cajun Chicken**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Cajun Chicken (chicken [chicken breast [80%], water [18%], salt, **milk** protein, lactose [**milk**], **soya** protein, stabilisers sodium polyphosphate [E452] and sodium citrate [E331], thickener carrageenan [E407], gelling agent potassium chloride [E508]), cajun seasoning [salt, paprika, onion powder, cayenne powder, cumin, garlic powder, black pepper, thyme, dried chillies, oregano, white pepper, citric acid [E330], silicon dioxide [E551]), BBQ Sauce (water, sugar, tomato puree [14%], spirit vinegar, modified starch, **barley** malt vinegar, salt, **soy** sauce [water, **soybeans**, salt, spirit vinegar], caramelised sugar, ginger puree, smoke flavour, spices).

### **Pepperoni**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Pepperoni (pork meat, pork fat, salt, dextrose [**wheat**], chili, rosemary extract, garlic, colour [E160c], paprika, pepper extract, ginger extract, antioxidant [E301], preservative [E250], smoke).

### **Jalapeno**

Apache Pizza Base (**wheat** flour, water, salt, sunflower oil, yeast, sugar), Mozzarella Cheese (pasteurised **milk**, salt, lactic cultures), Jalapeño Peppers (jalapenos, water, salt, acetic acid, calcium chloride), Apache Tomato Sauce (tomatoes, salt, sunflower oil, sugar, herbs and spices [oregano, pepper, basil, garlic], acidity regulator [E330]).

## Chicken<sup>+</sup>

### **Roasted Buffalo Wings** (Cooking Method: Baked)

Chicken Wings (chicken wings [97%], vegetable oil [rapeseed], potato starch, salt, dextrose).

### **Roasted Buffalo Wings** (Cooking Method: Fried)

Chicken Wings (chicken wings [97%], vegetable oil [rapeseed], potato starch, salt, dextrose), Oil (blended vegetable oil [**soya**]).

### **Sticky BBQ Buffalo Wings** (Cooking Method: Baked)

Chicken Wings (chicken wings [97%], vegetable oil [rapeseed], potato starch, salt, dextrose), Korean Barbeque Sauce (sugar, **soy** sauce [water, **soybeans**, salt, spirit vinegar], water, spirit vinegar, modified maize starch, garlic, **barley** malt vinegar, gochujang paste [water, sugar, red miso paste [**soybeans**, rice, salt, yeast)], spices, spirit vinegar, salt, onion ground, garlic ground], **sesame** oil, cane molasses, ginger, black pepper, colour: paprika extract).

*Whilst a cereal containing gluten (**barley**) is an ingredient within the Korean Sauce, the concentration of the allergen is less than 20 ppm. The product is therefore considered gluten-free.*

### **Sticky BBQ Buffalo Wings** (Cooking Method: Fried)

Chicken Wings (chicken wings [97%], vegetable oil [rapeseed], potato starch, salt, dextrose), Korean Barbeque Sauce (sugar, **soy** sauce [water, **soybeans**, salt, spirit vinegar], water, spirit vinegar, modified maize starch, garlic, **barley** malt vinegar, gochujang paste [water, sugar, red miso paste [**soybeans**, rice, salt, yeast)], spices, spirit vinegar, salt, onion ground, garlic ground], **sesame** oil, cane molasses, ginger, black pepper, colour: paprika extract), Oil (blended vegetable oil [**soya**]).

*Whilst a cereal containing gluten (**barley**) is an ingredient within the Korean Sauce, the concentration of the allergen is less than 20 ppm. The product is therefore considered gluten-free.*

### **Hot Buffalo Wings** (Cooking Method: Baked)

Chicken Wings (chicken wings [97%], vegetable oil [rapeseed], potato starch, salt, dextrose), Sriracha Sauce (chillies [26%], water, sugar, spirit vinegar, garlic [10%], tomato puree, salt, flavour enhancer: monosodium glutamate; spice, modified maize starch, stabiliser: xanthan gum; acidity regulator: citric acid; spice extract).

### **Hot Buffalo Wings** (Cooking Method: Fried)

Chicken Wings (chicken wings [97%], vegetable oil [rapeseed], potato starch, salt, dextrose), Sriracha Sauce (chillies [26%], water, sugar, spirit vinegar, garlic [10%], tomato puree, salt, flavour enhancer: monosodium glutamate; spice, modified maize starch, stabiliser: xanthan gum; acidity regulator: citric acid; spice extract), Oil (blended vegetable oil [**soya**]).

**Dunkin Dippers with Dip** (Cooking Method: Baked)

Chicken Goujons (chicken [66%] [water, sugar, salt], coating [29%] [**wheat** flour, water, palm oil, spices [white pepper, garlic, paprika, chilli], baking powder [raising agent [E500ii, E450i, E341i], tapioca starch], modified tapioca starch [E1420], flavour enhancer [E621, E635], salt, sugar, fully hydrogenated vegetable shortening [palm], skimmed **milk** powder, **wheat**, starch, glucose, **wheat** gluten, colouring [E160c]).

**Dunkin Dippers with Dip** (Cooking Method: Fried)

Chicken Goujons (chicken [66%] [water, sugar, salt], coating [29%] [**wheat** flour, water, palm oil, spices [white pepper, garlic, paprika, chilli], baking powder [raising agent [E500ii, E450i, E341i], tapioca starch], modified tapioca starch [E1420], flavour enhancer [E621, E635], salt, sugar, fully hydrogenated vegetable shortening [palm], skimmed **milk** powder, **wheat**, starch, glucose, **wheat** gluten, colouring [E160c]). Oil (blended vegetable oil [**soya**]).

**Popcorn Chicken** (Cooking Method: Baked)

Chicken Breast (66%), **Wheat** Flour, Palm Oil, Yellow Corn Flour, Rice Flour, Starch (**wheat**), Modified Tapioca Starch, Spices (white pepper, black pepper, **celery**), Salt, **Wheat** Gluten, Raising Agent (E450i, E500ii), Tapioca Starch, Garlic, Yeast Extract, Spice Extracts (black pepper, paprika), Onion, Dextrose, Herbs (oregano, fennel), Yeast.

**Popcorn Chicken** (Cooking Method: Fried)

Popcorn Chicken (chicken breast [66%], **wheat** flour, palm oil, yellow corn flour, rice flour, starch [**wheat**], modified tapioca starch, spices [white pepper, black pepper, **celery**], salt, **wheat** gluten, raising agent [E450i, E500ii], tapioca starch, garlic, yeast extract, spice extracts [black pepper, paprika], onion, dextrose, herbs [oregano, fennel], yeast), Oil (blended vegetable oil [**soya**]).

**Spice Box** (Cooking Method: Fried)

Spice Bag (chips [potatoes, sunflower oil, salt], oil [blended vegetable oil [contains **soya**]], dunkin dippers [chicken goujons [chicken [66%] [water, sugar, salt], coating [29%] [**wheat** flour, water, palm oil, spices [white pepper, garlic, paprika, chilli], baking powder [raising agent [E500ii, E450i, E341i], tapioca starch], modified tapioca starch [E1420], flavour enhancer [E621, E635], salt, sugar, fully hydrogenated vegetable shortening [palm], skimmed **milk** powder, **wheat**, starch, glucose, **wheat** gluten, colouring [E160c]], oil [blended vegetable oil [**soya**]]), mixed peppers, onion, garlic butter [water, vegetable oil, garlic puree [6%], garlic powder [1.2%], parsley, salt, emulsifier [mono-diglycerides], preservative [potassium sorbate], colour [beta carotene]], spice bag seasoning mix [salt, flavour enhancer [monosodium glutamate], onion salt [salt, roasted onion extract], five spice [fennel seed, cassia, aniseed, ginger, clove], chilli flakes, chilli powder, cinnamon, cumin, star anise, black pepper]).

**Combo Box\***

*Please refer to the ingredients lists for Chicken and Chips menu items.*

**Treat Sides Platter\***

*Please refer to the ingredients lists for Signature Pizzas, Chips, Garlic Bread, Drizzles and Dips, Chocolate Chip Cookies, and Churros menu items.*

**Party Box\***

Wedges (potatoes [86%], coating [8%] [**wheat** flour, salt, modified starch, starch, spices [black pepper, chilli pepper, cayenne pepper], garlic powder, onion powder, raising agents [E450, E500], yeast extract, spice extracts [black pepper], dextrose, sunflower oil], oil [blended vegetable oil [**soya**]]), Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , Oil (blended vegetable oil [**soya**]), Chicken Goujons ([chicken [66%] [water, sugar, salt], coating [29%] [**wheat** flour, water, palm oil, spices [white pepper, garlic, paprika, chilli], baking powder [raising agent [E500ii, E450i, E341i], tapioca starch], modified tapioca starch [E1420], flavour enhancer [E621, E635], salt, sugar, fully hydrogenated vegetable shortening [palm], skimmed **milk** powder, **wheat**, starch, glucose, **wheat** gluten, colouring [E160c]], oil [blended vegetable oil [**soya**]]), Onion Rings (onion, **wheat** flour, water, sunflower oil, starch [corn, tapioca], **wheat** starch, salt, dextrose, yeast, thickeners [E407, E412], raising agents [E450, E500]), oil [blended vegetable oil [**soya**]]), Pork Sausage ([pork, pork fat, water, rusk [**wheat** flour, salt], seasoning [salt, rusk, preservative: sodium **sulphite**, spice extracts], flavour enhancer: monosodium glutamate, stabiliser: E450, antioxidant: E300 & E330, beef collagen casing, rapeseed oil], oil [blended vegetable oil [**soya**]]), Garlic Bread (pizza base [**wheat** flour, water, salt, sunflower oil, yeast, sugar], garlic butter [water, vegetable oil, garlic puree, garlic powder, parsley, salt, emulsifier [mono-diglycerides], preservative [potassium sorbate], colour [beta carotene]).

**Party Box (with baked boxes)\***

Wedges (potatoes [86%], coating [8%] [**wheat** flour, salt, modified starch, starch, spices [black pepper, chilli pepper, cayenne pepper], garlic powder, onion powder, raising agents [E450, E500], yeast extract, spice extracts [black pepper], dextrose, sunflower oil), Chips ([potatoes, sunflower oil, salt] or [potato, MB palm oil])\* , oil [blended vegetable oil [**soya**]]), Chicken Goujons ([chicken [66%] [water, sugar, salt], coating [29%] [**wheat** flour, water, palm oil, spices [white pepper, garlic, paprika, chilli], baking powder [raising agent [E500ii, E450i, E341i], tapioca starch], modified tapioca starch [E1420], flavour enhancer [E621, E635], salt, sugar, fully hydrogenated vegetable shortening [palm], skimmed **milk** powder, **wheat**, starch, glucose, **wheat** gluten, colouring [E160c]), Onion Rings (onion, **wheat** flour, water, sunflower oil, starch [corn, tapioca], **wheat** starch, salt, dextrose, yeast, thickeners [E407, E412], raising agents [E450, E500]), oil [blended vegetable oil [**soya**]]), Pork Sausage (pork, pork fat, water, rusk [**wheat** flour, salt], seasoning [salt, rusk, preservative: sodium **sulphite**, spice extracts], flavour enhancer: monosodium glutamate, stabiliser: E450, antioxidant: E300 & E330, beef collagen casing, rapeseed oil), Garlic Bread (pizza base [**wheat** flour, water, salt, sunflower oil, yeast, sugar], garlic butter [water, vegetable oil, garlic puree, garlic powder, parsley, salt, emulsifier [mono-diglycerides], preservative [potassium sorbate], colour [beta carotene]).



## For Your Sweet Tooth

### Belgian Waffle

Waffle (**wheat** flour, sugar [25.7%], salted margarine [vegetable fats and oils [palm, rapeseed], water, emulsifiers [**soya** lecithin, mono- and diglycerides of fatty acids], salt, acidity regulator citric acid, natural flavour, colour carotene], whole **egg**, yeast, invert sugar, stabiliser sorbitol, **soya** flour, table salt, emulsifier **soya** lecithin, natural flavor), Chocolate Cream (sugar, sunflower oil, gianduja nut chocolate 22% [**hazelnuts**, low-fat cocoa powder, sugar, cocoa butter], skimmed **milk** powder, lactose, **hazelnuts**, emulsifier: **soya** lecithin, natural flavourings, antioxidant: rosemary extract).

### Chocolate Brownie\*

Brownie (sugar, salted butter [**milk**], pasteurised whole **egg**, dark chocolate [13%] [cocoa mass, sugar, cocoa butter, emulsifier [**soya** lecithin], natural vanilla flavouring], **wheat** flour, **milk** chocolate [6%] [sugar, cocoa butter, whole **milk** powder, cocoa mass, emulsifier [**soya** lecithin], natural vanilla flavouring]), Brownie Topping Pieces (**wheat** flour [with malted **wheat**, ascorbic acid], sugar, cocoa powder, whole **egg** powder, whey powder, raising agents [disodium diphosphate, sodium bicarbonate], salt, preservative [potassium sorbate], thickener [xanthan gum], natural vanilla flavouring], cocoa powder, rapeseed oil, glycerine).

### Churros

Churros (churros [water, **wheat** flour, salt, dextrose], oil [blended vegetable oil [**soya**]]),

Milk Chocolate Dipping Sauce (glucose syrup, water, sugar, **milk** chocolate [11%], [sugar, dried whole **milk**, cocoa butter, cocoa mass, whey powder [**milk**], emulsifier [**soya** lecithins], flavouring], vegetable oils [palm, palm kernel, rapeseed], cocoa powder, dried cream [**milk**], dried whole **milk**, rice starch, maltodextrin, emulsifiers [polyglycerol esters of fatty acids, mono- and diglycerides of fatty acids], flavouring, preservative [potassium sorbate], salt, acidity regulator [citric acid], colours [annatto, curcumin], stabiliser [pectin]),

Salted Caramel Dipping Sauce (glucose syrup, white chocolate [16%] [sugar, cocoa butter, dried whole **milk**, whey powder [**milk**], lactose [**milk**], emulsifier [**soya** lecithins], flavouring], water, sugar, vegetable oils [palm, palm kernel, rapeseed], dried cream [**milk**], **milk** powder, salt, rice starch, flavouring, maltodextrin, caramelised sugar syrup, emulsifiers [polyglycerol esters of fatty acids, mono- and diglycerides of fatty acids], preservative [potassium sorbate], acidity regulator [citric acid], stabiliser [pectins], colours [annatto, curcumin]).

### Rainbow Cookies

**Wheat** Flour, Sugar, 15% Sugar Coated **Milk** Chocolate Lentils (sugar, cocoa mass, cocoa butter, whole **milk** powder, rice starch, glazing agents [gum arabic, carnauba wax, beeswax, shellac], emulsifier lecithin, colourings [curcumin, carotene, beetroot red, anthocyanins]), Palm Oil, 7% Chocolate Chips (sugar, cocoa mass, cocoa butter, emulsifier **soya** lecithin, natural vanilla flavouring), Pasteurised Whole **Egg**, Water, Salt, Modified Starch, Flavouring (contains **milk**), Cane Sugar Molasses, Raising Agent (sodium hydrogen carbonate), Acid (citric acid), Colouring Carotene.

**Chocolate Chip Cookies**

**Wheat** Flour, Sugar, 23% Chocolate Chips (sugar, cocoa mass, cocoa butter, emulsifier **soya** lecithin, natural vanilla flavouring), Palm Oil, Pasteurised Whole **Eggs**, Water, Salt, Flavouring, Raising Agent Sodium Hydrogen Carbonate, Rapeseed Oil, Cane Sugar Molasses, Sugar Beet Syrup, Invert Sugar Syrup, Modified Starch, Emulsifier Mono- and Diglycerides of Fatty Acids, Acid (citric acid), Colouring Carotene.

**Ben & Jerry's Netflix & Chill'd**

Water, Cream (21%) (**milk**), Condensed Skimmed **Milk**, Sugar, Vegetable Oils (**soybean** oil, coconut oil, rapeseed oil), Flours (**wheat** flour, **barley** malt), **Peanuts**, Free Range **Egg** Yolk, Starch, Fat-Reduced Cocoa Powder, Invert Sugar, Salt, **Egg**, **Egg** White Powder, Stabilisers (guar gum, carrageenan), Emulsifier (**soy** lecithins), Yeast, Vanilla Extract, Raising Agent (sodium bicarbonate), Acidity Regulator (sodium hydroxide).

**Ben & Jerry's Vanilla**

Cream (**milk**), Water, Condensed Skimmed **Milk**, Sugar, Free Range **Egg** Yolk, Vanilla Extract, Stabilisers (guar gum, carrageenan).

**Ben & Jerry's Cookie Dough**

Cream (**milk**), Water, Condensed Skimmed **Milk**, Sugar, **Wheat** Flour, Brown Sugar, Free Range **Egg** Yolk, **Milk** Fat, Vegetable Oils (**soybean** oil, coconut oil), Whole **Egg**, Cocoa Mass, Fat Reduced Cocoa Powder, Molasses, Vanilla Extract, Stabilisers (guar gum, carrageenan), Salt, Cocoa Butter, Natural Vanilla Flavouring, Natural Brown Sugar Flavour with other Natural Flavourings, Natural Butter Flavouring (**milk**), Emulsifier (**soya** lecithin), **Milk** Fat.

**Ben & Jerry's Caramel Chew Chew**

Cream (**milk**), Water, Condensed Skimmed **Milk**, Sugar, Glucose Syrup, Free Range **Egg** Yolk, Vegetable Oils (coconut, sunflower), Butter (**milk**), Whole **Milk** Powder, Fat Reduced Cocoa Powder, Skimmed **Milk** Powder, Stabilisers (guar gum, carrageenan), Salt, Natural Vanilla Flavouring, Emulsifier (**soy** lecithin), Acidity Regulator (citric acid).

**Ben & Jerry's Choc Fudge Brownie**

Cream (**milk**), Water, Sugar, Condensed Skimmed **Milk**, Cocoa Powder, **Wheat** Flour, Fat Reduced Cocoa Powder, **Soybean** Oil, Free Range **Egg** Yolk, Invert Sugar, **Egg**, Dried **Egg** White, Stabilisers (guar gum, carrageenan), Salt, Vanilla Extract, Malted **Barley**, Raising Agent (sodium bicarbonate).

**Ben & Jerry's Sundae Cookie Vermonster**

Sugar, Cream (**milk**), Water, Condensed Skimmed **Milk**, Vegetable Oils (sunflower, fully refined **soybean**), **Wheat** Flour, Glucose Syrup, Free Range **Egg** Yolk, Whey Powder (**milk**), Fat-Reduced Cocoa Powder, Coconut Fat, Cocoa Mass, Soluble Corn Fibre, Cocoa Powder, Butter (**milk**), Shea Fat, Butter Fat (**milk**), Emulsifiers (sunflower lecithin, **soy** lecithins), Stabilisers (guar gum, locust bean gum, carrageenan), Cocoa Butter, Salt, Natural Vanilla Flavouring, Skimmed **Milk** Powder, Raising Agents (sodium bicarbonate, ammonium carbonates), Natural Flavouring, Sea Salt, Vanilla Extract.

**Ben & Jerry's Sundae Oh My Banoffee Pie**

Sugar, Cream (**milk**), Water, Condensed Skimmed **Milk**, Glucose Syrup, Vegetable Oils (fully refined **soybean**, rapeseed), Coconut Fat, Banana Puree, Brown Sugar, Starch, Glucose-Fructose Syrup, Free Range **Egg** Yolk, **Wheat** Flour, Whole **Wheat** Flour, Butter (**milk**), Soluble Corn Fibre, Cocoa Powder, Whole **Milk** Powder, Fat-Reduced Cocoa Powder, Cocoa Butter, Emulsifiers (**soy** lecithins, sunflower lecithins), Skimmed **Milk** Powder, Salt, Stabilisers (guar gum, locust bean gum, carrageenan), Molasses, Raising Agent (sodium bicarbonate), Lemon Juice Concentrate, Natural Vanilla Flavouring, Natural Flavourings, Vanilla Extract, Butter Fat (**milk**).

## Disclaimer

*Ingredients and allergens listings are based upon assessments of food preparation methods and the breakdown of product formulations. Such information is obtained through consultation with the head chef / appointed person(s) and through provision of product specifications from raw material manufacturers and suppliers. Whilst every effort is made to ensure the accuracy and comprehensiveness of this information, on occasion requested information is unavailable, and therefore, absolute ingredients and allergens cannot always be provided.*

*Customers should also be aware that Apache menu items are prepared in a common preparation area and as a result, food allergen cross-contamination is a possibility.*

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\* Available in selected stores only

+ Some stores may use animal fat in frying. Ask instore for details.



**APACHE**  
PIZZA

*July 2024*